

# Psychiatric Single Organ System Exams

## Content and Documentation Requirements

<b>Level of Exam</b>	<b>Perform and Document</b>
<b>Problem Focused</b>	<b>One to five</b> elements identified by a bullet.
<b>Expanded Problem Focused</b>	<b>At least six</b> elements identified by a bullet.
<b>Detailed</b>	<b>At least nine</b> elements identified by a bullet.
<b>Comprehensive</b>	Perform <b>all</b> elements identified by a bullet; document every element within a bold-type box and at least one element within a non-bold type box.

<b>Psychiatric</b>	
<b>System/Body Area</b>	<b>Elements of Examination</b>
<b>Constitutional</b>	<ul style="list-style-type: none"> <li>• Measurement of <i>any three of the following seven vital signs</i>: 1) sitting or standing blood pressure, 2) supine blood pressure, 3) pulse rate and regularity, 4) respiration, 5) temperature, 6) height, 7) weight (may be measured and recorded by ancillary staff)</li> <li>• General appearance of patient <i>e.g. development, nutrition, body habitus, deformities, attention to grooming</i></li> </ul>
<b>Musculoskeletal</b>	<ul style="list-style-type: none"> <li>• Assessment of muscle strength and tone <i>e.g. flaccid, cog wheel, spastic</i> with notation of any atrophy and abnormal movements</li> <li>• Examination of gait and station</li> </ul>
<b>Psychiatric</b>	<ul style="list-style-type: none"> <li>• Description of speech including: rate; volume; articulation; coherence; and spontaneity with notation of abnormalities <i>e.g. preservation, paucity of language</i></li> <li>• Description of thought processes including: rate of thoughts; content of thoughts <i>e.g. logical vs. illogical, tangential</i>; abstract reasoning; and computation</li> <li>• Description of associations <i>e.g. loose, tangential, circumstantial, intact</i></li> <li>• Description of abnormal or psychotic thoughts including: hallucinations; delusions; preoccupation with violence; homicidal or suicidal ideation; and obsessions</li> <li>• Description of the patient's judgment <i>e.g. concerning everyday activities and social situations</i> and insight <i>e.g. concerning psychiatric condition</i></li> </ul> <p>Complete mental status examination including:</p> <ul style="list-style-type: none"> <li>• Orientation to time, place and person</li> <li>• Recent and remote memory</li> <li>• Attention span and concentration</li> <li>• Language <i>e.g. naming objects, repeating phrases</i></li> <li>• Fund of knowledge <i>e.g. awareness of current events, past history, vocabulary</i></li> <li>• Mood and affect <i>e.g. depression, anxiety, agitation, hypomania, lability</i></li> </ul>